





**HRDC At Risk After School Supper Menu
February-20**

Monday	Tuesday	Wednesday	Thursday
			
2/3/2020	2/4/2020	2/5/2020	2/6/2020
Beef Stroganoff Parsley Noodles Carrot Coins Baked Apples Milk	Chicken Patty Bun Green Beans Broccoli Milk	Breaded Pork Chop Mashed Potatoes Peas Slice Bread Milk	Meatballs w/ Gravy Rice Spinach Mixed Veggies Milk
2/10/2020	2/11/2020	2/12/2020	2/13/2020
Parmesan Chicken Fettucini Alfredo Broccoli Green Beans Milk	Ham & Cheese Sandwich Pears Potato Salad Milk	Hamburger Steak Rice w/ gravy Brussel Sprouts Applesauce Milk	Pulled Pork Mac and Cheese Stewed Tomatoes Peas Milk
2/17/2020	2/18/2020	2/19/2020	2/20/2020
	BBQ Chicken Cheesy Potatoes Broccoli Slice Bread Milk	Meatballs w/ Gravy Egg Noodles Butter Beans Spinach Milk	Chicken Tenders French Fries Green Beans Slice Bread Milk
2/24/2020	2/25/2020	2/26/2020	2/27/2020
Turkey Burger w/ Cheese Bun Sweet Potato Wedges	Slice Ham Potatoes Butter Beans	Breaded Chicken Garlic Noodles Pears	Salisbury Steak Mashed Potatoes w/gravy Brussel Sprouts

Spinach Milk	Slice Bread Milk	Mixed Veggies Milk	Carrots Milk
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*Substitutions may be made according to availability of items

1/8/2019

HRDC is an Equal Opportunity Employer

